



## Join Us For This Free Event!

Caregivers, Friends, & Family! In honor of you AMAZING Caregivers out there, who tirelessly devote your time to care for another, we want to be sure you are taking care of YOU as well.

**November 3rd, 2023**  
**11:00am - 1:00pm PDT**  
**Virtual Event via Zoom**



### 2023 KEYNOTE SPEAKER

Monica Fawzy Bryant, Esq.  
Co-Founder & COO of Triage Cancer

*Topic: "Caregiver Rights & Tools  
for Veterans with Cancer"*



Monica Fawzy Bryant, Esq., is a cancer rights attorney, speaker, and author, dedicated to improving access to quality information on healthcare-related issues. She is the Co-Founder and Chief Operating Officer for Triage Cancer, a national non-profit organization that provides education on the practical and legal issues that may impact individuals diagnosed with cancer and their caregivers. Ms. Bryant is co-author of the first and only book on Cancer Rights Law, published by the American Bar Association (ABA) in 2018. In 2019, she received a 40 Under 40 in Cancer Award, and in 2015, was awarded the Legacy Advocate Award by a leading young adult cancer organization.

## national family caregivers self-care series



### MEET WITH OTHER CARETAKERS

Caretaking is hard work. Often the duties involved prevent us from fully being able to take care of ourselves in the process. Hear from others who completely understand you and share your story.

### ASK QUESTIONS!

Ask whatever you'd like, without fear of the subject matter. Get the answers to the questions you've been too afraid to ask.



### GUEST SPEAKER

Lori Cappello, MSN, APN-C, CCRP  
Nurse Practitioner, Clinical Research  
John Theurer Cancer Center



### GUEST SPEAKER

Lisa Lenrow, MBA  
EBCI Board Member, Patient  
Advocate & Board Secretary/Officer

Presenting Sponsor

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**10:45**

**Zoom Meeting Opens**  
*Meet & Greet with the End Brain Cancer Initiative Team*

**11:00**

**WELCOME & INTRODUCTION**  
*Dellann Elliot Mydland, President & Chair  
The End Brain Cancer Initiative*

**11:05**

**Monica Fawzy Bryant, Esq. | Caregiver Rights & Tools for Veterans with Cancer**  
*Co-Founder & Chief Operating Officer  
Triage Cancer*

**11:35**

**Lori Cappello, MSN, APN-C, CCRP | How to Communicate to Your Healthcare Team**  
*Nurse Practitioner, Clinical Research  
John Theurer Cancer Center*

**11:50**

**Lisa Lenrow, MBA | Who Takes Care of the Caregiver?**  
*Board Member, Patient Advocate & Board Secretary/Officer  
The End Brain Cancer Initiative*

**12:05**

**Breakout Sessions**  
*A chance to speak with each of our presenters*

**12:25**

**Patient/Caregiver Study Opportunities**  
*Shreya Prakash, Clinical Research Coordinator/Patient Navigator | The End Brain Cancer Initiative*

**12:35**

**EBCI's Disease Education Mobile App**  
*Elise Fyhrie, Mobile App Manager  
The End Brain Cancer Initiative*

**12:40**

**Closing Discussion/Q&A**  
*Program will continue as long as needed*

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*"Caregiving often calls us to lean into a love we didn't know possible."*

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